

Your privacy is extremely important

Time to Talk will only collect, process and store information we have openly collected from you or with your consent, in accordance with data protection laws. Your details will be held only by Time to Talk and will not be made available to any third party, except where otherwise stated.

Time to Talk is an anonymous service but we take great care with your personal information. Sometimes the law means we will have to share your personal information. But this is always to protect you or others.

We use your information to help us support you in the best possible way. We will use it for things like:

- Keeping notes of our sessions.
- Being able to contact someone on your behalf if the need arises, such as illness.
- we believe your life or someone else's life is in danger;
- you're being hurt by someone else and Time to Talk is worried about your safety and wellbeing.
- you tell us that you're a danger to another person; In these instances, we will share your personal information with the emergency services in order to keep you safe.

E-mail If you send information to Time to Talk via email, please be aware that we cannot guarantee its security during transit. Once received, email information will be stored according to data protection law.

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small text files that are placed on your machine to help the site provide a better user experience. In general, cookies are used to retain user preferences, store information for things like shopping baskets, and provide anonymised tracking data to third party applications like Google Analytics.

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